

Spirituality in Focus

The Rev. Mark Kinghan

OCTOBER 2011

Friday 21st 7pm-9pm

Saturday 22nd 9am-5pm

\$80.00

(lunch & refreshments included)

Name:.....

Address:.....

E-Mail:.....

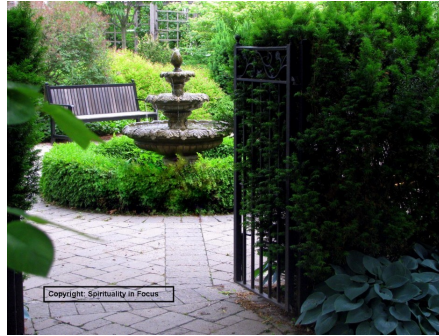
Telephone:.....

**A MONASTIC
SACRED FOOTPRINT
IN THE HEART OF ALLISTON
A SACRED PLACE OF GOD'S LOVE,
HEALING AND RETREAT**

Retreat Outline ...

Friday

- Welcome & Introductions
- Opening prayer through music and images
- Biblical Reflection ... "Mud in Your Eyes"
- Storytelling using photographs
- Reflection ... "The Mystery of Art"
- Closing prayer through music and images



Saturday

- Opening prayer through music and images
- Biblical Reflection ... "How Excellent is Your Greatness!"
- Group sharing of individual favorite photographs and their story
- Reflection ... "The Artist & the Monk"
- How to connect our Spirituality and Photography
- Closing prayer through music and images



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"People travel to wonder at the height of mountains, at the huge waves of the sea, at the long courses of rivers, at the vast compass of the ocean, at the circular motion of the stars; and they pass by themselves without wondering."
(Saint Augustine)

St. Andrew Anglican
Retreat House and Healing Ministry
119 Wellington Street West,
Alliston, ON, L9R 1H8
705-435-9711

"Spirituality in Focus ... Recognizing the sacred through your camera lens"

During our time together, we will explore the link between the photographs we make and our spirituality.



- what draws us to photograph the images we capture through the lens of our camera.
- what is the story behind your photograph?
- what are you curious about in your photograph?
- what does the photograph inspire in you?
- what does the photograph celebrate?
- what truth is captured in the photograph?
- how does your soul shine in the photograph?
- how do you see the essence of yourself in the photograph?
- what feeling is expressed in the photograph?
- what is the hope expressed in the photograph?

- what does the photograph say about you; about life; about the world; about God?
- what challenge comes out of the photograph?
- what is the invisible that you can't see in the photograph but which captivates your attention and imagination?
- what reality comes out for you in the photograph?
- what is in focus in your photograph?
- what is out of focus in your photograph?

This interactive, hands on retreat will open opportunities for you to reflect on your own photographs and those of others.

Open to anyone who has a passion for photography, those who are experienced photographers as well as those who like to make photographs as a hobby.

It doesn't matter the type of camera you have used to make your photographs. In other words, it doesn't have to be high end and technical. I personally use an automatic Canon which has a few options.

Remember, it's not the camera itself that captures the image; it's the eye that beholds it; the spirit that is attracted to it; the heart that experiences the beauty. Digital images would be helpful for the sharing of photos.



Let me introduce myself ...

- I live in the greater Toronto area of Southern Ontario.
- I have been ordained as an Anglican Priest for over 20 years serving in various parishes in the Diocese of Toronto.
- One of the things I enjoy doing in my spare time is making photographs.
- Life is busy, though, so I need to intentionally make the time to allow myself the enjoyment of capturing the beauty and mystery that I see in the ordinariness of my day to day life.
- I find joy in capturing images of what I see through my camera lens!
- For me, photography is a form of art.
- I love to travel.
- I have enjoyed attending photography retreats at Kanuga Conference Center in North Carolina and Ghost Ranch in New Mexico.
- I'm passionate about the link between photography and spirituality.
- I enjoy teaching others and facilitating their enjoyment of photography.

I feel called to offer workshops and retreats for those who may be likewise interested in linking their photography with their spirituality.

I look forward to sharing my experience and my art with you.