

Suggested Fees

Spiritual Direction
Sliding scale \$40 - \$60/hr

Small Group Retreat
\$30.00 *person*
Includes lunch and refreshments

Staff Meeting/Prayer/Visioning
Space Rental: \$75.00
Includes refreshments

Facilitation Fee
\$250.00 *day* \$150.00 *half day*

To book a retreat or for further information or to arrange to come and have a tour of the retreat house, please contact Wendy at

standrewanglicanoffice@bellnet.ca



Finding God in Your Life Through the Lense of Scripture

On Tuesday mornings at 10am we meet in the Retreat House with Rev. Kim and a warm drink to talk about the scriptures that will be read in the church on the following Sunday. We talk about how what was written in this piece of scripture thousands of years ago jumps out at us personally and why. We talk about what is difficult for us within the passage and why. We talk about a similar experience we may have encountered, that parallels what is going on in scripture and where God was in it for us—or maybe, where we didn't experience God in it, when we really needed to. We pray together, laugh together ... we may even shed the odd tear if something in scripture touches a little close to home. By engaging in this process we come to the Sunday Service listening to the scriptures ... having already reflected on them. We listen to the sermon knowing that through our conversations together our experiences are embedded deep within them, and we have helped to sculpt a sermon that may be more relevant in our lives. Please come join us and help make the offering richer through your presence, experiences and opinions.

The Retreat House of St. Andrew, Alliston

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Alliston, Ontario L9R 1H8
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**A MONASTIC
SACRED FOOTPRINT
IN THE HEART OF ALLISTON**

**A SACRED PLACE OF GOD'S LOVE,
HEALING AND RETREAT**

The Story

St Andrew Anglican Retreat House is a place where Jesus' presence resides ... it is a sacred space one can escape to; leaving behind the loneliness or chaos of a busy and frenetic life ... if only for a little while.

It is a place where one is restored ... finding rest and God's peace ... being still.

It is a place to experience God's healing and grace.

It is a place one can listen to, and share the stories of Jesus... then and now.

It is a place to encounter the living God, as Andrew and Peter did ... and to share in the journey with others who may be looking for the same thing you are.

St. Andrew Anglican Retreat House is a place to experience the welcome and hospitality of modern day disciples carrying out the work of our Lord Jesus. 'Come and you will see'.



The Facility

The main floor has a comfortable meeting room, dining room (that seats 20), library and washroom. A quiet garden is being created in the back yard for sitting and prayerful reflection.

The upstairs will be kept as an area of silence to honour those in need of quiet.

Program

Healing & Meditation Hour: Every Wednesday from 11am to 12 noon. An opportunity to quietly reflect on your spiritual journey, inviting God's healing presence into your inner and physical life. To include: music, silence, guided meditation. (*Free will offering*).

Taize Prayer: The first Tuesday of every month in the church sanctuary 7—8pm. Taize is a place in France where for over 60 years pilgrims have gathered for prayer for peace and understanding in the world. Elements of the Taize style prayer will be used in our gathering, i.e. silence, song, scripture, meditation, intercessory prayer and prayer at the cross as we join in solidarity with the suffering world. (*Free will offering*).

Retreat in Daily Life: Throughout the year the Retreat in Daily Life will be offered. A six week program where individuals are invited to devote 1/2 hour a day to prayer, reflection and journaling on themes given. A weekly meeting with the group under leadership of a spiritual director and one meeting individually with the director. (\$100.00 includes material, meeting with Director).

Spiritual Direction: Offered at the Retreat House every Wednesday. Spiritual direction is an opportunity to have a trained director deeply listen to your story, attending to God's presence in your life journey. (*Sliding scale of \$40—\$60/hr*).

Hospitality

The retreat house welcomes you..

- **If you need an individual retreat**
- **For your small group retreat**
- **For a church staff meeting, prayer or visioning**
- **A facilitated retreat for yourself or group.**



We are truly hoping that you will make St Andrew Retreat House your home away from home when you need to have a quiet time with God, or when you want to bring your group away for a day to tend their spiritual life. We offer only day retreats with or without meals.

Tuesdays, Wednesdays and Thursdays at noon the St Andrew Retreat House Café is open and offers lunch at a modest price.